Preliminary Studies to Obtain ¹⁸⁶Re-Perrhenate: Biological Pattern in Rats and Labelling ed Compounds

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¹⁸⁶Re is a important radionuclide to be used for palliative therapy of bone pain associated with skeletal metastases, due to its suitable characteristics: a) half-life: 90.64 hours; b) main emissions: β-particles, E = 1.073 MeV (73.0%) and 0.9494 MeV (21.0%) with a range in tissue of the order of 4.5 mm and 3.8 mm, respectively; c) emission of a gamma photon with an ideal energy (137 KeV, 9%) for gamma-camera imaging; d) it can be produced in a nuclear reactor with activities in the range from a few mCi to tens of mCi. ¹⁸⁶Re is employed in nuclear medicine complexed with molecules—such—as—EHDP—(ethane-1-hydroxy-1-1-diphosphonate) and MDP (methylene diphosphonate).

In the present work, experimental studies on the irradiation conditions of metallic rhenium and ¹⁸⁶Reperrhenate preparation were started. The biodistribution pattern of ¹⁸⁶Re-perrhenate in rats was also studied. From now on, the ¹⁸⁶Re product obtained will be use for labelling EHDP and MDP, and a comparative study

with 99mTc-MDP will be performed.

Samples of natural metallic rhenium were irradiated inside quartz ampoules under a thermal neutron flux of 1×10^{13} n.cm⁻²s⁻¹ during 3 hours. The samples were then left to cool for a period of 8 days, to reduce ¹⁸⁶Re content. The ¹⁸⁶Re activity produced was about 30 mCi, with a specific activity of about 1 mCi ¹⁸⁶Re/mg Re.

The preparation of 186 Re-perrhenate from metallic rhenium-186 was achieved by the oxidation of Re with $\rm H_2O_2$ and further neutralization with aqueous ammonia. The solution was sterilized by filtration with 0.22 μ m millipore filters. The biodistribution of 186 Reperrehenate was studied in rats at the 2, 4, 6, 24 and 48 hour time-points, and the same biological pattern as for NaTcO₄ was observed, without any uptake in any other organ. This is an advantage in terms of radiation dosimetry to the patients.